

CSD Wellness Committee Meeting Minutes
Monday December 10, 2018

Attendees: Donna Reynolds, Valerie Ferland

Reaching out to principals:

Donna briefed Valerie on the status of the wellness policy/procedures implementation. The next step is to reach out to the principals to inform them of the revised policy and procedural piece.

SBWC, getting started: We discussed the activity on the School Based Wellness Committees. Concord High is still the only one who has shared information on the google docs. We appreciate their input and ongoing efforts. The next step is to reach out to the principals, outlining our intent for the SBWC.

Donna spoke with Mary Palm, CHS School Nurse, to get some information on how they got their committee started.

Update on 5210/Food Play: Valerie Ferland from Center for Health Promotion gave an update on the 5210 and Food Play programs. Wendy Hills, a representative from CHP, is currently working with the elementary schools on the Food Play activity as well as other wellness related topics. Valerie suggested that Donna meet with Wendy to collaborate on combining efforts to get the SBWC started in the schools.

2018-19 Meeting Schedule:

March 11, 2019

June 10, 2019