

CSD Wellness Committee Meeting Minutes  
Monday March 12, 2018

**Attendees:** Leslie Barry, Donna Reynolds, Marianna Fiorillo (Food Service Dietetic Intern)

**Review of January Wellness Policy Basics Webinar:** Leslie and Donna attended the training at the NH DOE in January. Online power point was sent to committee members that were unable to attend. The presentation outlined the basic requirements of a wellness policy. We discussed how we will proceed with the revisions needed in our policy and procedures, based on our Administrative Review from the State.

**Results of Administrative Review for Wellness Policy:** We went over the results of the Food Service Administrative Review as it pertains to the wellness policy. There are a couple of policy revisions that are required, the rest can be included in the procedural piece.

**Update on SBWC Activity:** We discussed the activity on the School Based Wellness Committees. Concord High is the only one who has shared information on the google docs. Leslie will respond to some questions that they had for us. She will also send a reminder to the other schools that the google docs are available for their input. Donna will check with Haley Earl on adding the "Pick a Better Snack" program to the Broken Ground docs. We also discussed that Donna would send minutes of our meetings with a reminder of the date of the next meeting.

**Plan of Action for Policy Revisions and Procedural Piece:** Donna will check with Jack Dunn on how to move forward with necessary policy revisions and approval of the procedural piece.

**New Business:** There was a discussion on implementing a district policy regarding the temperature requirement for students to have outdoor recess. It was brought to the committee's attention that currently there is inconsistency throughout the school handbooks.

Marianna asked if there was a student nutrition group at Concord High. Leslie said there was not. Marianna suggested including it in the Health-Medical Club.

Michelle Smith from Center for Health Promotion submitted an update on the 5210 activities with the fourth-grade classes. Christa McAuliffe, Abbot Downing and Beaver Meadow are all scheduled to have 5210 interactive stations at their schools in April and May.

Donna will contact principals to request that they add a blurb in their newsletters by June 1<sup>st</sup> on the date of the next Wellness Committee meeting.

Future goal is to get on the agendas at school staff meetings and offer suggestions on specific topics.

**Next Wellness Committee meeting June 11<sup>th</sup>.**