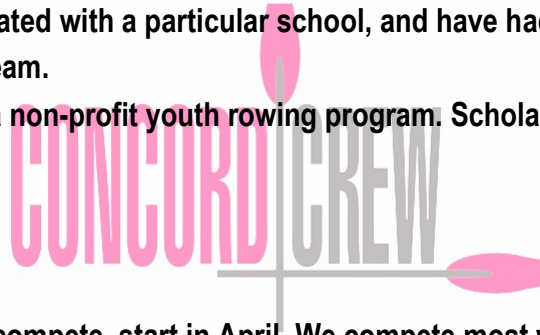


***Spring is rowing season***

# CREW!

**Spring Registration is open for grades 8-12 now!**

- Spring season runs from the third week of March until the first weekend of June.
- Practice is every weekday from 4:00 pm until 6:45 pm, as well as practice most Saturday mornings.
- We row on the Merrimack river from our boathouse on Loudon Rd. in Concord (behind the Everett arena).
- We welcome new or experienced rowers and coxswains from all over the capital region.
- We are a club sport, not affiliated with a particular school, and have had rowers from all area high schools and middle schools on our team.
- Friends of Concord Crew is a non-profit youth rowing program. Scholarships are available to assist with cost.



Regattas, where our athletes compete, start in April. We compete most weekends during the season.

**Rowing is a great way to get in shape, or stay in shape, offering a whole-body workout with aerobic, strength, and agility benefits that transfer to any sport.**



***It's the hardest sport you'll ever love.***

Visit [concordcrew.org](http://concordcrew.org) for info on all of our programs.