

**CRIMSON TIDE CHEER YOUTH SUMMER CAMP
REGISTRATION FORM**

Camper's Name:

Entering Grade: _____

Parent/Contact Name for the Week:

Contact Number:

Contact Email:

Please Circle:

Youth Size OR Adult Size

Please Circle:

T-shirt size: XS S M L XL

Please detach and send this registration
form with the **\$160.00** camp fee to:

*Laura Norwalt-Owen
74 Shawmut Street
Concord, NH 03301*

CHECKS PAYABLE to Concord Cheer

CONCORD CHEER

The Rundlett Middle School coach, Hannah Linqata, and the Concord Varsity and Concord Junior Varsity Cheerleaders will host the camp and assist all campers. Each camper will be assigned a buddy to work with them throughout the week on anything he or she might need: meeting new friends, practicing skill, extra help, and, of course, having lots of fun!

Questions?

Email Head Coach Laura Norwalt-Owen
Lnorwalt-owen@sau8.org

“Show Off” Friday, June 21st

In the RMS Main Gym

10am start time.

Parents, family, and friends welcome.
Camp ends when “Show Off” is done.



**CRIMSON TIDE
CONCORD
CHEERLEADING
2019
SUMMER CAMP**

**Rundlett Middle School
144 South Street, Concord**

*Drop off in the main gym foyer area
Featuring cheer floor, tumble track,
and lots of fun!*



**JUNE 17 THROUGH JUNE 21
(If there are more snow days, we will use
Saturday the 22nd, and Sunday the 23rd)**

DAILY SCHEDULE (WILL VARY)

- Check in 8:30-9am
- ****Start time 9am****
- Check out 2:45-3pm

MAKE SURE TO CHECK THE HANDOUT GIVEN OUT ON DAY 1 OF CAMP FOR EACH THEME STARTING TUESDAY!

- Dynamics and Stretching
- Conditioning**
- Jump Drills and Instruction
- Snack**
- Tumbling
- Performance Practice**
- Lunch
- Stunt Class**
- Performance Practice
- Popsicles and Buddy Bonding!!**



Be Sure to Bring a Water Bottle, Snack, and Lunch for each day!
Wear shorts, sneakers, t-shirt or tank top with a hair bow each day.
Tie hair up into a ponytail or braid.

**TIDE CHEER
SUMMER CAMP**

Open to all athletes entering grades 2 through 8

JUNE 17 THROUGH JUNE 21
(If there are more snow days, we will use Saturday the 22nd, and Sunday the 23rd)

Time: 9am to 3pm
Place: Rundlett Middle School
Drop off in main gym foyer

Cost: \$160 for all 5 days
Includes a specialty cheer t-shirt

EARLY BIRD SPECIAL!
Registrations postmarked by May 10th pay only \$140.00!

Family Discounts!
2 Children: \$ 280.00
3 Children: \$420.00

NON COMPETITIVE ENVIRONMENT

STUNT PROGRESSION AND TUMBLING ARE CAREFULLY MONITORED TO ENSURE SAFETY

EMPHASIS ON SPORTSMANSHIP

Please note that there are currently no scholarships available

WAIVER & RELEASE

I, _____ the undersigned, give permission for my child to attend the Crimson Tide Concord Youth Cheerleading 2019 Summer Camp held at Rundlett Middle School in Concord, NH. In case of an emergency, if I cannot be reached at the number below, I give permission for my child to be treated at the local hospital. My child is covered by medical insurance. I give permission to the coaching staff to use this insurance plan if necessary. I understand there is a certain amount of risk in any sport, and cheerleading is no exception. In case of an accident, injury, or medical expenses incurred as a result of activities at Crimson Tide Cheerleading Camp, I agree that neither the coaches, instructors, nor the Concord School District or staff will be held liable.

Parent/Guardian Print Name

Parent/Guardian Signature

Insurance Name:

Policy Number:

Emergency Contact Name:

Emergency Contact #:

Concord Cheer has my permission to take photos and videos during camp hours of my camper and camp material.

Yes No

Parent Signature: